

WINTER GAMES ACTIVITIES

POLAR PLUNGE

Come out early on Friday, February 5th at 5:00 p.m. to hang out and have some **ICE COLD** beverages at the **Pre-Party Bash** with all of the participants before taking the plunge at Sleepy Hollow Sports Park. Costumes are encouraged. There will be a warming tent for everyone as well as changing areas for both men and women. Registration will consist of bringing **NON-PERISHABLE FOOD ITEMS** that will be donated to DMARC (Des Moines Area Religious Council). Stay around afterward for a **Post Plunge Party**.

“SNO-BALL” SOFTBALL TOURNAMENT

Des Moines Park and Recreation is sponsoring this great elimination tournament for the 16th year. Games will be played at Savage Softball Complex and Des Moines Softball Complex on Friday, Saturday and Sunday. Team roster and entry fee of \$100 for either men's or coed teams must be received in the Leisure Sports Office by the [January 26, 2010 deadline](#). Entries are limited; call 248-6310 for details.

“SNO-BOWL” FLAG FOOTBALL TOURNAMENT

Games in this elimination tournament will be played on Friday, Saturday and Sunday at Cornie Soccer Complex. Team roster and entry fee of \$145 must be received in the Leisure Sports Office by the [January 26, 2010 deadline](#). Entries are limited; call 248-6310 for details.

BROOMBALL TOURNAMENT

Play begins at the Brenton Skating Plaza around 9:00 p.m. on Friday and Saturday nights. Team entry fee of \$150 must be received in Leisure Sports office by the [January 26, 2010 deadline](#). This double elimination tournament will have both Competitive and Amateur Divisions with each game lasting 45 minutes. There is a \$2 additional charge for equipment rental.

DES MOINES RAIL JAM

The Rail Jam will take place Saturday night on Court Avenue under the lights. A \$15 registration fee will be required for each participant. This is a chance for you to showcase your grinding abilities. There will be live music.

POND HOCKEY TOURNAMENT

NEW EVENT- This double elimination tournament will take place at Birdland Lagoon (Behind Birdland Shelter – 2100 Saylor Rd) and consists of 3 adult divisions; Novice, Intermediate and Competitive. Play is 4 on 4 with 6 player roster maximum. Team entry fee of \$100 and roster must be received in Leisure Sports office by the [January 26, 2010 deadline](#).

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AMATEUR SNOWMOBILE SNO-CROSS RACE

This event will be held at Sleepy Hollow Sports Park with the following classes offered: Beginner, Intermediate and Advanced. Within these classes, there are different engine classifications available as follows: **A)** up to 500cc, liquid or fan cooled, stock **B)** 501-700cc, liquid or fan cooled, stock **C)** 701cc and up, stock or modified **D) NEW EVENT**-Women's Class 600cc & under **E) NEW EVENT**- 6-12 year old, 120cc & under. Cost is \$30 per entrant with an additional \$20 charge for each additional class. Races will begin at 9:00 a.m. on Saturday, February 6, 2010, with registration beginning at 6:30 a.m. For a complete list of rules, check in times and race times, please visit the website. The Iowa State Snowmobiling Association is helping coordinate this event.

COLLEGE MASCOT SNOW SCULPTING

This 24-hour event will consist of Colleges and Universities from across the state competing to see who can replicate their school mascot the best. A \$200 team entry fee is required by the [January 26, 2010 deadline](#). 10ft x 10ft blocks of snow will be provided, but tools will not.

SKI AND SNOWBOARD COMPETITIONS

The competitions will begin at 7:00 p.m. on Friday night at Sleepy Hollow. Registration fee is \$15.00. Slope Style will be the first competition with Big Air/Best Trick to follow. There will be men's and women's classes with each class being broken into older than 13 and younger than 13. Participants will be able to compete in both snowboard and ski competition.

ICE FISHING DERBY

The derby will take place on Sunday, February 7th at Easter Lake with inspections beginning at 6:00 a.m. and the derby starting at 8:00 a.m. Teams will consist of either 1 or 2 man teams with a cost of \$15 per person. Derby will be “Big Fish” format; measure and release. Portable shelters are allowed. Complete list of rules on website www.dmwintergames.com

“FIRE & ICE” CHILI-COOKOFF

Open to the Public, this event at Brenton Skating Plaza on Saturday, February 6th, will warm you on the inside. All prep work must be done prior to the event with chili on site by 10:30 a.m. Judging samples will be taken at 10:45 a.m. with public tasting from 11:00 a.m. to 1:00 p.m. Awards will be given for Best Overall Chili, Honorable Mention and People's Choice. **To register, contact Robbin McClelland at 515-284-1000 or robin@brentonplaza.com by the deadline of January 26, 2010.** Donations will be going to the Central Iowa Homeless Shelter.

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DOWNHILL SKI BIKING

Rasmussen Bike Shop provides ski bikes to participants to race down the hill at Sleepy hollow on Friday, February 5th, beginning at 9:00 p.m.

XTREME XC RUN

This event takes place on Sunday, February 7th at Waveland Golf Course and will consist of a \$15 registration fee. Please check in at the clubhouse. Packet pick up will take place before the start of the race. Be prepared for slick and **EXTREME** conditions!!

DOWNHILL KAYAKING

For only a \$15 registration fee you can either bring your own kayak or use the kayaks provided on site at Sleepy Hollow. This is a head to head style race following the round-robin style with the fastest time advancing.

“CRAZY” CARDBOARD SLED RACE

This is a chance to be as creative as you can by building a sled out of nothing but cardboard and then racing down the slopes of Sleepy Hollow being as “crazy” as you can in your design.

NEW FOR 2010 – ZIPFY BOP RACES

Zipfy is a uniquely designed rugged plastic snow sled with a distinctive lever used for stability and turning. Pronounced “zip’ fee”, this international race will bring competitors from around the world to Sleepy Hollow for the first ever American event. **FAMILY RACE** at 6:30 p.m., Friday, February 5th and **AMATEUR RACE** at 10:00 a.m., Saturday, February 6th, both have \$15 registration fees. The **PROFESSIONAL RACE** at 1:00 p.m., Saturday, February 6th, is for **SPECTATING ONLY**.

EVENTS FOR CHILDREN 12 YEARS & YOUNGER AT BRENTON SKATING PLAZA

SKATING EXHIBITION & ICE GAMES at 9:00 a.m.

BIG DIG at 10:00 a.m.

Children will be divided into groups based on age to dig in large piles of snow for buried prizes.

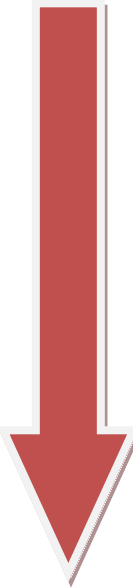
Other games available are:

SNOW SHOE RACES

SNOWMAN BUILDING CONTEST

For a complete description of Events, Rules, Waiver Forms & Registration Forms, please visit the website below.

Hoodies, beanies, sweatshirts and long sleeve tee's with official logo of "Winter Games" can be purchased online below.



www.dmwintergames.com

Unless otherwise noted, registration fee is \$15 for each event.

Contact Information

Sky Smothers
Des Moines Park and Recreation
Leisure Sports Office
4-Mile Community Center
3711 Easton Blvd
Des Moines, IA, 50317
515-248-6310 (Office)
sjsmothers@dmgov.org

Max Kenkel
Sleepy Hollow Sports Park
4051 Dean Ave
Des Moines, IA, 50317
515-262-4100 (Office)
mxknkl@yahoo.com

Thanks to all the partners who make this great event possible:



2010



FEBRUARY 5TH, 6TH & 7TH

MEDIA PRESENTED BY:



MEDIA SPONSORS:

